

## Valentine Treat Carb Contents



Brach's Tiny Conversation Hearts	M&M's Milk Chocolate Exchange Bag	SweeTARTS Conversation Hearts	Ring Pops
8oz box – 28g	Fun size bag – 19g	8oz box – 13g	1 pop – 10g
Processed in a facility with wheat, peanuts, milk, eggs, soy and tree nuts.	Contains milk and soy. May contain peanuts. Gluten free.	Processed in a facility with wheat, milk, eggs, tree nuts, peanuts and soy.	Free of gluten and all major allergens.
<b>DumDum Heart Pops</b>	Fun Dip	Reese's PB Hearts	Hershey's Hearts
1 pop — 10g  Free of gluten and all major	Fun size bag – 11g  Free of gluten, peanut, soy, milk,	3 hearts — 18g  Contains peanuts, milk and soy.	3 hearts — 18g  Contains milk and soy. May
allergens.	tree nut.	Gluten Free.	contain peanuts. Gluten free.
<b>Charms Valentine Pops</b>	Swedish Fish	Pez	Utz Pretzel Treat Bags
1 pop – 15g	Fun size bag – 22g	1 sleeve – 9g	1 bag – 10g
Free of gluten and all major allergens.	Free of gluten and all major allergens.	Free of gluten and all major allergens.	Contains wheat.
Utz Cheese Balls Bag	Welch's Heart Fruit	<b>Garden Veggie Hearts</b>	Rice Krispies
	Snacks		Valentine's Minis
1 bag – 4g	1 pouch – 10g	1 bag – 9g	1 bar – 8g
Free of gluten and all major allergens.	Free of gluten and all major allergens.	Free of gluten and all major allergens.	Contains soy and milk. Gluten free.
Pirate's Booty	Little Debbie Be My	<b>Little Debbie Chocolate</b>	Little Debbie Vanilla
	Valentine Iced Brownie	Snack Cake Heart	Snack Cake Heart
1 bag – 9g	1 brownie – 31g	2 cakes – 39g	2 cakes – 41g
Free of gluten and all major allergens.	Contains soy, milk, egg and wheat.	Contains soy, milk, egg and wheat.	Contains soy, milk, egg and wheat.

